

MONDAYS	
STUDIO 1	STUDIO 2
Youth Pom 4:30-5:25 PM	Mini Ballet 4:30-5:25 PM
 Pulse Gems 5:35-6:35 PM	Youth Jazz 5:35-6:30 PM
 Pulse Platinum 6:45-8:45 PM	Mini Pom 6:40-7:35 PM
X	Junior Pom 7:45-8:40 PM
TUESDAYS	
STUDIO 1	STUDIO 2
 Pulse Diamonds 4:30-6:00 PM	Mini HipHop 5:00-5:55 PM
 Pulse Petite 6:05-7:05 PM	JR & SR Lyrical 6:05-7:00 PM
Senior HipHop 7:10-8:05 PM	Junior Jazz 7:10-8:05 PM
Senior Jazz 8:10-9:05 PM	
WEDNESDAYS	
STUDIO 1	STUDIO 2
Mini Jazz 4:00-4:55 PM	Pre Ballet 4:00-4:50 PM
JR & SR Pointe 5:00-5:55 PM	Mini & Youth Acro 5:00-5:55 PM
JR & SR Acro 6:00-6:55 PM	Pre HipHop 6:00-6:50 PM
THURSDAYS	
STUDIO 1	STUDIO 2
Youth HipHop 4:30-5:25 PM	Pre Pom 4:30-5:20 PM
 Pulse Royals 5:35-6:35 PM	Youth Ballet 5:35-6:30 PM
X	Youth Lyrical 6:40-7:35 PM
Junior HipHop 7:45-8:40 PM	

AGE GROUPS:

Pre: 3 & 4 year olds

Mini: 5 & 6 year olds

Youth: 7-9 year olds

Junior: 10-12 year olds

Senior: 13-18 year olds



= Competition Team